Issue No: 06

May Diary Dates

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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>6 May</td>
<td>Tucker Box Open</td>
<td>7 May Last Day for Mother’s</td>
<td>8 May</td>
<td>9 May</td>
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<td>Week 4</td>
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<td>Day stall pre-orders</td>
<td>Tucker Box Open</td>
<td>Parade 2:25pm</td>
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<td>Mother’s Day Stall</td>
<td>Interschool Sport Yr 6 &amp; 7</td>
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<td>12:15pm – 3:15pm</td>
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<td>Workshop</td>
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<td>13 May</td>
<td>Tucker Box Open</td>
<td>14 May NAPLAN Yr’s 3, 5, 7</td>
<td>15 May</td>
<td>16 May</td>
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<td>Week 5</td>
<td>Prep Vision Screening</td>
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<td>Tucker Box Open</td>
<td>Parade 2:25pm</td>
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<td>NAPLAN Yr’s 3, 5, 7</td>
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<td>17 May</td>
<td>Tucker Box Open</td>
<td>NAPLAN Catch up day</td>
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What’s On!

- Mother’s Day Stall Wed 8 & Thurs 9 May in the Library Seminar Room 12.15pm – 3.15pm
- Instrumental Beginner’s Workshop 8 May
- NAPLAN 14, 15, 16 May
- Yr 3, 4 & 5 Living History Incursion May 29
- Wam Word Buzz May 30
- Yr 6 Voices on the Coast June 4
- P-3 Sports Fun Day June 11
- 4 - 7 Athletics Carnival 17 - 18 June

2013 Public Holidays and Student Free Days

- June 10 – Queens Birthday
- August 12 – Show Day
- October 7 – Labour Day
- October 21 – Student Free Day

From the Principal

Dear Parents and Carers,

On Tuesday evening Miss Carlile, Mrs Mabb, Mrs Gaske and I will be attending a presentation at Buddina State School by Eldon Pascoe on ‘Academic Talent Development Programs’. Eldon is a recognised authority in Gifted and Talented education. He has worked around the world including in Russia, Romania, the UK, Peru, Ecuador and Australia. This symposium is designed to give teachers practical classroom strategies and activities to ensure students are challenged to think in the classroom.

Did you know? Voluntary financial contributions are used by the school to provide an enhanced educational service and to enhance resources available for student learning, recreation and comfort. Reminder letters for those families who have not yet made a 2013 contribution will be sent home this week. Information about the ways in which we use these funds will be included.

Our School Chaplain, Tania Byers is still recovering from her broken ankle. The healing process has not progressed as was predicted and we hope she is on the mend and back at our school in the near future. Our thoughts are with you Chappy and we all miss you.

Our National Assessment Program – Literacy and Numeracy (NAPLAN) assessments commence on Tuesday 14th May and continue until Thursday 16th May. Students in years three, five and seven will complete a range of tasks to assess their skills and understanding in the areas of reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. Please ensure your child brings their water bottle and fruit break on each day of the tests, has lots of sleep the night before and a hearty breakfast each morning. Additional staff will be allocated to each class to support our students as they complete their tests.

Congratulations to all of our super students who have excelled in their sporting field over the past few weeks. There have been basketball, soccer and BMX successes – you will read all about their achievements in this newsletter and in the weeks to come. We are very proud of you all.

Wam Word Buzz – information was sent home last week. Please encourage your child to have a go and work on the words at home. Selecting two or three a day to practise and spell in the car can build your child’s skills and confidence. The final will be played off on May 30th.

Have a wonderful week and please keep sharing the news of your child’s achievements with us. We love to celebrate and acknowledge all areas of children’s growth and development.

Warmest Regards, Sue Clement

Indigenous Acknowledgement: Wamuran State School acknowledges the original people on whose land we work, travel and live; and we pay our respects to the traditional custodians past, present and future.
Healthy Eating Information

Knowing what nutrition information to look for can help you make the best choice for your health and avoid unnecessary saturated fat, added salt and added sugars. The problem is that food labels can be very confusing and tricky to understand. However, understanding a few quick tips is all it will take to make shopping for healthy food a whole lot easier and quicker.

All ingredients in a food product must be listed on the label in order from largest to smallest by weight. You can use this to spot foods that might be high in saturated fat, added salt or added sugars because these ingredients are listed in the top three. Use the Nutrition Information Panel to compare similar packaged foods and to decide which product provides less saturated fat, salt (sodium), added sugars and kilojoules per 100gm and more fibre per serve. Some labels also list nutrients in a serve of the product as a percentage of daily nutrient intake. This can be used to compare the nutrients in one serve of the food with what an ‘average adult’ needs. For more information on understanding nutritional panels please visit: https://www.eatforhealth.gov.au/sites/default/files/files/eatingwell/efh_food_label_example_large.pdf

It is important to remove all barriers to our children learning. By implementing and teaching your children about how to build a healthy diet, you are not only helping your child now, you are teaching them for the future and for their family’s future. Stay tuned for our next instalment of Healthy Eating tips in our next newsletter.

Healthy Awareness Alert

There is a student in our Prep who has a medical condition that leads to him having a low immune system. This means that he easily contracts illnesses from other children and adults. For this child, becoming sick leads to being admitted into the Royal Children’s Hospital. It is important to send your child to school to learn, but it is equally important to keep your child home if they are unwell. Children will recover more quickly if they are allowed to rest and recuperate, and their absence from school will lessen the chance of other children contracting their illness.

We thank you for your support in our endeavour to keep our students as healthy as possible.

Woolworths Earn and Learn is on again!

From Monday 8 April, when you shop at Woolworths you can collect Woolworths Earn & Learn Points from the checkout operator and place them on a Woolworths Earn & Learn Points Sheet. There will be 1 Woolworths Earn & Learn Point for every $10 spent. Once completed, students can place their Woolworths Earn & Learn Points Sheet in the collection Box in the school office.

Research Project

We are conducting a small research project that investigates the citizenship involvement of our students after they have left our school. Our students are active members of our community and are encouraged and supported in many activities that promote citizenship: Helping others. If your child has gone on to join a service club or been recognized for their contribution to an organisation please let us know. If you have a friend who attended Wamuran SS, that you know has gone on to participate in citizenship activities, please also let us know. Phone the office on 54299 444 or send an email to admin@wamuranss.eq.edu.au.

Gotchas & SWPBS

Gotchas Winners:
P – 3: Dayne S, Deaja K, Summer H, Abbie H
4-7: Joseph F, Angel V, Marlee B, Isaac H

Our school rule for Weeks 4 & 5 focuses on:
- Be Positive “Smile and say hello”
- Be Responsible “Listen to instructions”

Our Program Achieve focuses on:
- Confidence “Look outside the square”
- Persistence “Never give up”

Using the same language at home as we do at school will assist children by having similar expectations and known clear boundaries that they can understand.

Next P & C Meeting - Tuesday 21 May

Our next meeting for the P&C (Parents and Citizens) will be held on Tuesday 21 May, from 1pm – 3pm in the Hall Conference Room. We are trialling this new time to make meetings more family friendly. P & C meetings are a great
place to meet other parents and find out more about coming events in our school.

**P&C Treasurer – Still Looking for a Volunteer – Can you help us?**

We are currently looking for a treasurer to join our P&C executive. An accounting background is an advantage but not required, around 1 – 2 hours per week is required and may increase due to events being held in our school, for example around Children’s Carnival time (September) as there are extra transactions to be balanced. Attending the monthly P&C meeting is also an advantage but not mandatory. If you are interested in the position and would like to find out more please call Jayne on 5429 9444.

**Marvelous Mother’s Day Stall**

Our Mother’s Day Stall is being held on Wednesday 8 and Thursday 9 May from 12.15pm to 3.15pm in the Library Seminar Room. A colour brochure with items for sale was sent home with your eldest child. You can also access a copy on our School’s website. There are loads of fantastic goodies for every Mum and Grandma! If you are able to assist with service on either of those days please see Ange at the Tucker Box or phone 0412 055 703. Pre – orders will be accepted until Tues 7 May.

**Corner of Gratitude**

At Wamuran State School we are extremely lucky to have a dedicated team of volunteers, who come in after school, week after week, right across all areas of the school. In our “Corner of Gratitude” we will be taking time each newsletter to thank these amazing people, because without them, our school would not be the same.

This newsletter we shine the spotlight on:

**Tanya Fitzpatrick**  
**Uniform Shop Volunteer Convener**

Although you may only see Tanya on a Friday morning, Tanya comes in at least 3 days a week collecting, sorting and ordering uniforms. She also spends countless hours at home doing the same, and, of her own accord, takes home unnamed lost property to wash and bring back clean. She is constantly putting her hand up to help out with various events around the school and community, nothing is ever too hard and she is never seen without a smile on her face.

Tanya, we appreciate you and everything you do – THANK YOU!!

If you know someone who has gone above and beyond for our school please let us know so we can continue to shine the spotlight on these wonderful acts of kindness.

**Chappy News**

**BBQ at Bunnings**

On Saturday 27 April we were very grateful to have an army of volunteers, led by one of our fabulous Wamuran parents Nicole Waldron, and a mountain of donations from our school community, so we send a big thank you to everyone involved. The BBQ raised $1505.10 to go towards Valuable Chaplaincy resources and training.

**Chappy Absence**

Unfortunately Chappy Tania is still recovering from a broken foot, and therefore will not be in until week 6. We all wish Chappy a speedy recovery and look forward to her return.

**Thursday Breakfast**

Chappy Breakfast will not be run while Chappy is away. We apologise for any inconvenience this may cause.

**Sports News**

**Regional Basketball Trials**

Emma G and Mollie L were selected to represent the Caboolture District at Regional Basketball Trials held on Monday 29th and Tuesday 30th of April.

After playing against teams from across the Sunshine Coast, both Wamuran players were selected for the "possible and probable teams". These teams then played in front of the selectors for a place on the Regional Team which will be travelling to the Basketball State Championships in Cairns.

Emma was successful in gaining a place in the Regional Team and Mollie won one of the two shadow positions. Wamuran State School would like to congratulate both girls on their hard work and dedication.

**Australian National BMX Titles**

Alexis S competed in the BMX National Titles last week, and although results have not been released yet it looks like Alexis may be invited to compete in the World Titles, we will keep you updated!

**Tucker Box News**

**Sushi Day**

Sushi Day is Wednesday 15 May, and order forms are due back no later than Friday 10 May. Forms are available both from the office and on the website. Samples of sushi will be sold on Friday 10 May for 80c per piece. Normal Tucker Box menu will also be available on the day.

**Donations of low fat muffin mixes are desperately needed please.**

**Volunteers Needed**

Would you like to assist in our busy Tucker Box on a Monday, Wednesday of Friday? It is fantastic way to meet other like minded people and is a happy, positive environment to work in. Full training and a tasty lunch are supplied. Volunteering is great fun and comes with training and a free lunch* 😊 Tucker Box phone: 5429 9407 or Ange: 0412 055 703

Please download the new Tucker Box menu for 2013 located under facilities at our website www.wamuranss.eq.edu.au

**Community News**

**Wamuran Kids Club**

Wamuran Kids Club is a great way to make friends while having loads of fun! Starting on Thursday 9 May and continuing each Thursday fortnight for kids in year 1 -7. From 6:00pm – 7:30, at 20 Mountaintrack Dr Wamuran.

Please call Sam on 0408 280 161 for more information.

**Donations Urgently Required!!**

Friends of the street is a crisis centre that provides assistance to those who need it in the Caboolture, Morayfield and surrounding areas. They are desperately in need of tinned and packaged foods, toiletries, and a people mover van. All donations can be dropped at 3/6 Armstrong Way, Caboolture or call 5499 3623.